



# K A R A T

LAUNCHED 1997

## BOWL FOOD MENU

THIS IS SERVED IN SMALL RICE BOWLS AND CAN BE CARRIED AROUND IN A CANAPE STYLE OF SERVICE OR SERVED FROM A BUFFET TABLE. I WOULD SUGGEST A SELECTION OF FIVE DISHES THEN FOLLOW THIS WITH A CHEESE BOARD AND SOME SWEET PETIT FOURS.

THE MENUS BELOW ARE A SAMPLE OF WHAT WE CAN OFFER.

PRICES START AT £14.00 PER HEAD PLUS VAT

### MENU 1

MINI FISH & CHIPS WITH MUSHY PEAS & LEMON

CHICK PEA & ROOT VEGETABLE TAGINE ON COUS COUS WITH CORIANDER & CHILLI

STICKY GINGERED BEEF WITH RED ONIONS, ROAST RED PEPPER

CHICKEN & SEAFOOD PAELLA

SPINACH & RICOTTA RAVIOLI WITH SAGE BUTTER

CHEESE BOARD AND SOME SWEET PETIT FOURS

### MENU 2

MINI BEEF BURGERS WITH RELISH & FRIES

PRAWN CALDINE WITH WILD & BASMATI RICE & CORIANDER

TEMPURA VEGETABLES

LAMB TAGINE WITH COUS COUS & CORIANDER

SHREDDED HAM HOCK WITH MUSHY PEAS & MUSTARD

MINI ICE CREAMS

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